



2004-05 MIAC WOMEN'S SWIMMING & DIVING PREVIEW

The 2004-2005 MIAC women's swimming and diving season is underway with many teams looking to stake claim to the conference title, which is currently Gustavus' as they won the 2004 championship.

The Gusties finished first last season at the MIAC Championships with a team score of 842. The Gusties went on to finish 13th at nationals. Gustavus is one of the preseason favorites as they lost only two of their swimmers from last season. They will be led by senior Beth DeLaRosby who was a 200 Medley Relay All-American.

St. Olaf finished second last season with a team score of 681.5. The Oles have plenty of swimmers returning and are led by 2004 Swimmer of the Meet Katie Detwiler.

Carleton finished in third last season with a teams sore of 642. The Knights will be led by senior Marie Marsman who is a five-time NCAA Champion and junior Elise Knoche who was a 2003 All-American.

These three teams look to be the preseason favorites as the rest of the conference attempts to close the gap. Augsburg, Concordia, Hamline, Macalester, Saint Benedict, St. Catherine, Saint Mary's and St. Thomas have solid young recruits and hold high hopes for the season.

The MIAC Swimming and Diving Championships will take place February 17-19, 2005 at the University of Minnesota Aquatics Center.

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Augsburg College		
Head Coach:	Charlie King (2nd season)	
'04 MIAC Meet:	11th place at the MIAC Championships	
Key Returners:	Kasi Clauson (So., Kansas, Okla./Cookson Hills Christian HS), team's top swimmer in 2003-04, had two top-16 times in B finals at 2004 MIAC meet (13th in 400 IM, 14th in 100 breaststroke). Lindsey Persons (So., Wayzata, Minn./Orono HS), competed in freestyle sprints in 2003-04.	
Season Preview:	Two words may be the key to improvement for the Augsburg College women's swimming team in the 2004-05 season -- "attitude" and "potential." In its second season of varsity women's swimming, Augsburg is beginning to generate more interest in its program, improving from just four swimmers at the end of last season to 14 at the beginning of this season. Of those 14, eight are freshmen and three are sophomores, providing plenty of the "potential" that head coach Charlie King can boast. And the attitude, he noted, is already taking care of itself for a young team with a never-say-die belief. "In any program, you have to create the attitude first," said King, an accomplished high school and club coach who took over the Auggie program last season. "Once you create the right attitude and harness it, the potential is unlimited. If the kids are willing to work for it, the potential is unlimited. We're headed in the right direction. You can see this team evolving. Everyone supports everyone. Everyone cheers for everyone. It's part of the attitude they are creating."	

King has set several reachable goals for the Auggies as the program continues to grow. A key will be improving its standing in the Minnesota Intercollegiate Athletic Conference meet, after finishing 11th last season. Another goal is to be more competitive in the team's dual meets, and a final goal is to continue to build the roster. Augsburg will swim at the nearby College of St. Catherine Butler Center pool this season.

"We want to create a team that we can recruit more people to swim for, to find swimmers that want to come here and compete," King said. "Augsburg can be a place where they want to see themselves, both as students and as athletes."

Four swimmers who competed during parts of the 2003-04 season return, including two letterwinners -- Kasi Clauson (So., Kansas, Okla./Cookson Hills Christian HS) and Lindsey Persons (So., Wayzata, Minn./Orono HS).

Clauson was Augsburg's top swimmer last year, setting top times for the team in every event she entered. At the MIAC meet last season, Clauson earned a B-final qualifying spot in two events, placing 13th in the 400-yard individual medley (5:03.63) and 14th in the 100-yard breaststroke (1:13.39). She also placed 20th in the 200-yard butterfly (2:32.28).

Clauson competed in 11 different events in 2003-04, and has the potential to improve as more talented swimmers join the program, King said.

Persons, a sprint specialist, showed strong improvement throughout the season, capping with top-50 finishes in the 50- and 100-yard freestyle events at the MIAC meet.

King is encouraged by a strong group of newcomers entering the program this season. The newcomers are led by Dani Matzke (Fr., Faribault, Minn.), a middle-distance swimmer who has the potential to be a team leader. She is still recovering from off-season knee surgery, but should be completely healthy for the heart of the season, King said. Leah Haan (Fr., Burnsville, Minn./Minnehaha Academy HS) is a strong backstroker and individual medley swimmer who will also compete for top times.

Trudy Pommerening (Fr., Bemidji, Minn.) will compete in the breaststroke and freestyle events. Joann Anderson (Jr., Eagan, Minn./Burnsville HS), a transfer from St. Catherine, will likely compete in the sprints.

Other newcomers to the Auggie program include: Trista Engstrom (Fr., Owatonna, Minn.), Jennifer Winter (Fr, Plymouth, Minn./Osseo HS), Anna Gotschall (Fr., Chippewa Falls, Wis.), Anna Brubak (Fr., St. Paul, Minn.), Maria Schmidt (Fr., Elk River, Minn.) and Liz Bennett (So., Allen, Texas.).

Kate Loyd (Jr., Anoka, Minn.) and Amanda Jacobson (Jr., Lino Lakes, Minn./Centennial HS) return to the Auggies after seeing limited action in competitions last season.

Complete season outlook at: www.augsburg.edu/athletics/swimming/0405preview.html

Carleton College

Head Coach:	Andy Clark (12th year)
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'04 MIAC Meet:	3rd place MIAC Championships
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Key Returners:	Andrea Barbera, Sr., 50/100/200 free, 2003 All-America Anne Cary, Jr., 400 IM, 100/200 breast Alex Cohen, Sr., 400 IM (school record holder), 500/1650 free Jenny Grover, Jr., 500 free, 100 back (MIAC, school record holder), 200 free (school record holder, MIAC champion), 2003 All-America Elise Knoche, Jr., 200 free, 500 free (school record), 1650 free (MIAC champion), 2003 All-America Marie Marsman, Sr., 50 free (MIAC champion), 100 free (NCAA Champion), 200 free (NCAA Champion) 2002 and 2003 NCAA Championships Swimmer of the Meet; 9-time MIAC individual champion, 5-time NCAA champion Molly Miller, Jr., 50 free, 100/200 breast, 2003 All-America Emily Mondloh, Sr., 200 IM, 100 fly, 100 free, 2003 All-America
Season Preview:	The women will benefit in 2005 from a strong, experienced first-year class. Karin Brown (Madison, Wis./James Madison Memorial), a middle distance freestyler and sister of star graduate Jason Brown '03 joins the Knight squad this year for what should be a terrific rookie season. Jen Gratz (Eden Prairie, Minn./Edina) is expected to contribute immediately to the freestyle sprints, and Amy Pham (Eagan, Minn./School of Environmental Study) joins the team in butterfly events. The combination of the returning upperclassmen and excellent rookies bodes well for the relays as well as individual events. All of Carleton's relays earned All-MIAC honors (top three finishes) and the 200 and 400 freestyle relays finished second. Many of these relays could bump into first with Marsman's return. With returning swimmers Emily Mondloh (Sr./Fridley, Minn.), Molly Miller (Jr./San Francisco/University), Andrea Barbera (Sr./Madison, Wis./James Madison Memorial) and Jenny Grover (Jr./Boise, Idaho) the Knights will make a significant impact on the relays this year. Grover placed 14th in last year's NCAA Division III championship for the 200-yard backstroke, and also participated in the 100-yard backstroke and 500-yard freestyle races. She is the defending MIAC champion in the 100 backstroke. Barbera and Mondloh also have national competition experience in the relays from 2003. Individually, Elise Knoche (Jr./Madison, Wis./West) will participate in freestyle events after earning an All-MIAC honors in the 200, 500 and 1,650 freestyle events last year. Alex Cohen (Sr./Portland, Ore./Wilson) is a returning All-MIAC performer in the individual medley events, as is Mondloh. Breaststrokers Miller took second in the 100-yard breaststroke and Paula Wright (So./Rochester, Minn./Century) were all-conference performers last year as well. Carleton has finished in the top three at the MIAC Championships for the last nine seasons, but the addition of Marsman to the roster gives the Knights a real shot at chasing their third MIAC title in school history this season.

Concordia College		
Head Coach:	Julie Lucier (6th year)	
'04 MIAC Meet:	7th place MIAC Championships	
Key Returners:	Megan Johnson, Sr., Fly/Free, South St. Paul, Minn. Shannon Brown, Jr., Breaststroke, Missoula, Mont. Emily Hall, Sr., Dive, Minot, N.D. (2002-03 MIAC Diver of the Year) Jana Hemstad, Jr., Free, Milaca, Minn. Annie Cullen, Jr., Dive, Moorhead, Minn.	

Season Preview:	If the 2004-05 Concordia swimming and diving team was doing a guest appearance on Sesame Street, the letter of the day would be "D" – as in depth and diving. The 2004-05 Cobbers have a roster of over 25 athletes, which is a 50% increase over last and have nine divers who all have a legitimate chance to score points in any meet. The top two divers of the squad could star in a remake of the Odd Couple. They bring completely different approaches to the board. Senior captain Emily Hall (Minot, N.D.) is an experienced diver who has an impressive resume to the pool. She was named the 2002-03 MIAC Diver of the Year after capturing the 3-meter title and finishing second in the 1-meter competition at the conference championship meet. Last year, after spending the first semester studying abroad, she finished third in the 3-meter and fourth in the 1-meter. Hall's partner in crime, Annie Cullen (Jr., Moorhead, Minn.), finished sixth in the 1-meter event last year after just starting to dive for the first time in her life. She was a standout gymnast at Moorhead High School and the year of initiation into collegiate diving should help Cullen climb even higher in 2004-05 and give her the confidence to compete on the 3-meter board. Leading the swimming crew for Julie Lucier's squad will be a trio of seasoned veterans. Megan Johnson (Sr., South St. Paul, Minn.) has had the most success of the three. She owns the Concordia school record in the 200-yard butterfly and is on the brink of breaking into the top ten in the conference in both butterfly events. She will also be used on the Cobbers' top relay teams and will give Concordia a chance to score points in all three freestyle relay events. Shannon Brown (Jr., Missoula, Mont./Hellgate HS) is a lesson in getting better meet-by-meet, year-by-year. She started her freshman year by steadily improving until the conference meet where she finished 13th in the 200-yard breaststroke and 11th in the 100-yard breaststroke. In 2003-04 she finished 11th in the 200-yard breaststroke, and was part of the 200-yard freestyle relay team that broke the school record by over a full second. The distance corps for the Cobbers will be headed up by Jana Hemstad (Jr., Milaca, Minn.). Hemstad finished 14th in the 1650-yard freestyle at the MIAC championship meet last season and narrowly missed the finals in the 500-yard freestyle. If she continues to improve in both events, she should be able to score valuable points at the conference meet. Katie Lee (So., South St. Paul, Minn.) will also be counted on to add depth in the freestyle events. Last year she finished 16th in the 200-yard freestyle as she shaved six seconds off of her season-best time. She also helped out with all of the freestyle relay teams. The one main loss for the Cobbers this season will be the departure of team MVP Angela Renner. Renner, who transferred to the University of Montana-Missoula to be closer to home, broke the school record in both the 50-yard freestyle and the 100-yard freestyle last season. If a few freshman swimmers and divers can break out of the pack of 16 newcomers and finish strong, then Concordia might finally be looking at a top five finish at the MIAC championship meet.
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Gustavus Adolphus College		
Head Coach:	Jon Carlson (15th year)	
'04 MIAC Meet:	1st place MIAC Championships	

Key Returners:	Beth DeLaRosby (SR, Two Harbors, Minn.) MIAC Event Champion:, 50 Free, 100 free, 200 Free Relay, 400 Free Relay, 200 Medley Relay All-America: 50 Free (third place), 200 Free Relay (fifth place) Katie Garvey (SR, Fargo, ND) MIAC Event Champion: 100 fly, 200 Free Relay, 400 Free Relay, 200 Medley Relay All-America: 200 Free Relay (fifth place) Laurie Decknatel (SR, Apple Valley, Minn.) MIAC Event Champion: 200 Medley Relay Eva Miller (SR, Sartell, Minn.) MIAC Champion: 100 Breaststroke, 200 Breaststroke, 200 Free Relay, 200 Medley Relay, 400 Medley Relay Katie Haynes (JR, Duluth, Minn.) MIAC Champion: 400 Medley Relay Laura Watkins (SO, Fargo, ND) MIAC Champion: 200 Free Relay, 400 Free Relay, 400 Medley Relay All-America: 200 Free Relay (fifth place)
Season Preview:	The Gustavus Adolphus College women's swimming and diving team won the MIAC Championship in convincing fashion last season 161 points ahead of second place St. Olaf College. Head coach Jon Carlson's squad then went on to set a school record at nationals with 82 points and a 13th place finish. The Gusties graduated only two of the eight swimmers that competed at the NCAA Championships last year. The returners are Beth DeLaRosby (SR, Two Harbors, Minn.), Katie Garvey (SR, Fargo, ND), Laurie Decknatel (SR, Apple Valley, Minn.), Eva Miller (SR, Sartell, Minn.), Katie Haynes (JR, Duluth, Minn.) and Laura Watkins (SO, Fargo, ND). Senior's DeLaRosby, Garvey and Miller have earned all-conference honors all three years at Gustavus. They combined to claim five individual titles and three relay titles at last year's conference meet. The three seniors along with sophomore Laura Watkins placed fifth in the 200 freestyle relay at last year's national meet to earn all-America honors. The Gusties will be in search of their second consecutive MIAC title and third in school history. Coach Carlson's squad will open the season on October 30 at the St. Thomas Relays in St. Paul, Minn.

Hamline University		
Head Coach:	Andy Hanson (2nd year)	
'04 MIAC Meet:	8th place MIAC Championships	
Key Returners:	Adrienne Walls , Sr., Distance, Bradenton, Fla. (Southeast) Thyra Jagger , Sr. Dive/Fly, White Bear Lake, Minn. Jamie Alpert , Jr., Fly, Lakeville, Minn. Logan Thompson , Jr., Free, Lino Lake, Minn. (Centennial)	

Season Preview:	Strong leadership and lofty improvement goals are what the swimming and diving team are hoping will lead to a successful season. "We are looking to improve our win and loss record from last season," says head coach Andy Hanson, "and this year we have the bodies to do it." Hamline's roster this season for both the swimming and diving teams features more than 20 female athletes, which is a dramatic increase from last year. Hanson is looking to his returning athletes for leadership and work ethic, which will help the team accomplish their goals. The team is headed by senior captain and distance swimmer Adrienne Walls (Bradenton, Fla.) and senior diver Thyra Jagger (White Bear Lake, Minn.). Walls took ninth place last season in the 1000-meter freestyle and eleventh in the 1650-meter freestyle. Jagger placed sixth in the one meter, six dives and tenth in the three meter, six dives. Both women scored points for the Pipers last season at conference and are looking to get in the final heat of their events this year. Hanson is also excited for the return of junior butterfly swimmer Jamie Alpert (Lakeville, Minn.) who was out with injuries for all of last season. At her best last season, Alpert placed tenth in the 200-meter butterfly. Along with the strong returners, the team is anticipating the addition of their top recruits to also join in the lineup, including Aly Janzen (Lino Lakes, Minn.), who finished third in state in the 500-meter freestyle last year. Other top recruits include Dana Ketcher (Des Moines, Iowa), Lindsey Swanson (Coon Rapids, Minn.), Tami Klenke (Red Wing, Minn.), and Nadia Labyad (Duluth, Minn.) Complete season outlook at: http://www.hamline.edu/hamline_info/athletics/swimming/0405_Season/Outlook.html
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Macalester College		
Head Coach:	Bob Pearson (17th year)	
'04 MIAC Meet:	4th place MIAC Championships	
Key Returners:	Heather Lendway (Jr., St. Paul, Minn. / Cretin-Derham Hall) – distance freestyle, IM (All-MIAC in three events in '04) Jackie DeLuca (So., New Preston, Conn. / Hotchkiss) – sprint freestyle Nancy Taff (So., Falcon Heights, Minn. / Roseville) – breaststroke (All-MIAC) Kristin Meadows (So., Columbia, S.C. / American School of London) - butterfly	
Season Preview:	Coming off the most successful season in team history, the Macalester Scots hope to be in the thick of things once again at the MIAC championships. With the loss of four seniors to graduation , including honorable mention All-America diver Liz Fitzgerald, Mac will have to rely on the mix of returning letter winners and a strong first-year class to stay in the race. Once again the Scots should be strong in the distance events where junior school-record holder Heather Lendway will lead the charge. Lendway set school records in the 500 free, 400 IM and 1650 free last season while posting NCAA qualifying times. Katherine Foley improved steadily throughout last season and looks to return to the conference finals in the 1650 free. Senior Natalie Ross also returns from a study-abroad experience in Prague after posting a lifetime best times in the 200 back and 400 individual medley as a sophomore, and should once again be among the top swimmers in the conference. The sophomore class for the Scots is an impressive one. Jackie DeLuca set school records in both the 100 and 200 freestyle and will once again be among the best in the MIAC in those events. Nancy Taff earned all-conference status in the 200 breaststroke while setting a new school record and finaled in the 100 breaststroke as well. Kristin Meadows also etched her name in to the record books last season in both the 100 and 200 butterfly events. Complete season outlook at: www.macalester.edu/~swimming/news/0405_preview.html	

College of Saint Benedict

Head Coach:	Kathy Walker (1st season)	
'04 MIAC Meet:	5th place at the MIAC Championships	
Key Returners:	Sara Skrbec – (So., backstroke/freestyle) Amanda Zacher – (So., diving) Nicole Pagliaccetti – (Sr., breaststroke/individual medley) Katie Jermihov – (Jr., backstroke/freestyle)	
Season Preview:	This year looks as if it will be another exciting year for Blazer Swimming and Diving. Not only are there many talented, experienced student athletes returning as seasoned veterans in dual meet and conference competition, but this year's incoming first years will balance the squad with even more talent. Senior captains Jess Barghusen, Nicole Pagliaccetti, Keli Cranny, and Katie Wilcox are a major leading influence for the team as they set their goals on a higher finish in the conference meet and an improved dual meet record. Jess Donovan, a tri-athlete, should also make an impressive impact on this year's team. Junior powers Kari Flathers, Katie Jermihov, and Megan Kestel will provide support in the freestyle and stroke events. The sophomore class, with the help of Sara Skrbec, and Amanda Zacher will return to the conference meet to continue to add their talent to the scoreboard. The incoming first year class has numerous talent's. Their contributions in the pool will add depth to the Blazer Swimming and Diving team. Complete season outlook at: http://www.csbsju.edu/csbsports/swimdive/archives/2004-2005%20Outlook.htm	

College of St. Catherine

Head Coach:	Nicole Roberts (3rd year)	
'04 MIAC Meet:	9th place MIAC Championships	
Key Returners:	Mary Engelun (SR/Duluth, MN) – Freestyle Katie Hoeschen (JR/Freeport, MN) – Distance Freestyle Kim Manke (SO/Lakeville, MN) – Diving Natalie Sinkler (SO/Chanhassen, MN) – Backstroke	
Season Preview:	With having one senior graduate from last year's squad and welcoming eight new members to the team, the Wildcats are building depth which should help them this season. Hoping to improve on last year's ninth place MIAC finish, the Wildcats look to be stronger in the backstroke, breaststroke, and distance events. Sophomore Natalie Sinkler and first year Allie Jones (Lindstrom, MN) lead the Wildcats in the backstroke. Newcomers Erica Campbell (FY/Baxter, MN) and Eugenia Conway (FY/ St. Paul, MN) should improve the Wildcats in several events, including the IM, fly and breaststroke. Junior Katie Hoeschen and senior Mary Engelun return to guide the Wildcats in the freestyle events. Even though the Wildcats only have one diver, Kim Manke, she has had a great preseason and looks to remain one of the top divers in the conference. Overall, third year coach Nicole Roberts is excited about the upcoming season, "Throughout the last month of training, the swimmers have shown more dedication and commitment than the past two years. Their strength and abilities should help us improve our standing in the MIAC."	

Saint Mary's University

Head Coach:	Eric Lindquist (6th season)	
'04 MIAC Meet:	10th place MIAC Championships	
Key Returners:	Jenny Moore (Sr., Richfield, Minn.), Becca Grube (Sr., Appleton, Wis.), Lindsay DeLaRosby (Sr., Two Harbors, Minn.), Lindsey Salisbury (Sr., Waukesha, Wis.)	
Season Preview:	Eric Lindquist will be the first to admit that he is a realist when it comes to his Saint Mary's University swimming and diving teams. In fact, ask him what his expectations are for his Cardinals at the season-ending Minnesota Intercollegiate Athletic Conference Championships, and he'll quickly respond, "We aren't going to win any conference (team) championships." That's not a knock on the Cardinals, not in the least. That's just Lindquist telling it like it is, with the numbers he has to work with, SMU just isn't in the same class as MIAC powers Gustavus or St. Olaf. "Swimming isn't like other sports," explained Lindquist, who is entering his sixth season as the Cardinals' head coach. "It's not like basketball or hockey, where a bounce here or there could be the difference between winning and losing." "In swimming, numbers don't lie and where we're at numberswise, we're not going to knock down a Gustavus or a St. Olaf." But that doesn't mean Lindquist doesn't have high expectations for his teams. Just the opposite. "Our approach to the season is pretty simple, train hard and prepare so that when the MIAC Championships roll around, we are ready to put together our best performances of the season," said Lindquist, whose team placed 10th at the MIAC Championships. "I think we have some people who can do some really good things at the MIAC Championships. They have the potential to score some big points. So our whole focus is on making sure we're at our best for those three days." Complete SMU swimming and diving preview: http://sports.smumn.edu/swimming/2004/newsletter/swpreview	

St. Olaf College		
Head Coach:	Dave and Bob Hauck (16th year)	
'04 MIAC Meet:	2nd place MIAC Championships	
Key Returners:	Katie Detwiler Katy Brentz Jenna Kubat Sara Champlin Hannah Berg Kelly Dolan Carly Knoell Emily Koeck Mikayla Meyer	

Season Preview:	The Ole swimmers and divers are currently in preparation for the start of the 2004-2005 season. After finishing second to Gustavus in the 2004 MIAC Conference Championship on both the men and women's sides, the Oles have high expectations for this season. "I'm really excited for this season," said head coach Bob Hauck. "We're showing a great willingness to work hard and the camaraderie is outstanding." The women, led by seniors such as the 2004 MIAC Swimmer of the Meet and national qualifiers Katie Detwiler and Katy Brentz, with Jenna Kubat and Sara Champlin, will compete for the MIAC team title. Top returning swimmers for the Oles include MIAC champions Katie Detwiler (200 Individual Medley, 400 Individual Medley, 200 Butterfly), junior Hannah Berg (800 Freestyle Relay), junior Carly Knoell (200 Backstroke, 800 Freestyle Relay), and sophomore Kelly Dolan (200 Freestyle, 800 Freestyle Relay). Other returning all-conference team members include Brentz (50 Freestyle, 200 & 400 Freestyle Relay, 200 & 40 Medley Relay), senior Emily Koeck (1 Meter Diving), junior Emily Love (50 Freestyle, 200 & 400 Freestyle Relay), junior Kate Blum (200 & 400 Freestyle Relay), and sophomore Mikayla Meyer (200 Freestyle Relay). The first-year swimmers and divers have big shoes to fill after two-time Conference champion and national qualifier Anne Lindberg and All-Conference team member Liz Hathaway graduated last spring. All-American consideration and school-record holder Carly Knoell will also be missing in action until mid-December, as well as diver Emily Koeck, both will be studying abroad in South India. First-year swimmers to watch include Lainie Cassel (Winnetka, Ill., Butterfly), Marcie Dierks (Schererville, Ind., IM, Backstroke), Millie Eggebroten (St. Elacoom, Wash., Diving), Danaca Heidorn (Rochester, Minn., Backstroke, Butterfly), Jennifer Marzolf (St. Paul, Minn., IM, Freestyle), and Christina Roberts (Brainard, Minn., Freestyle). Six school records broken during the 2003-04 season (50 Freestyle-Brentz; 200 IM-Detwiler; 100, 200 Backstroke-Knoell; 400 Medley Relay-Knoell, Detwiler, Berg, Brentz; 200 Medley Relay-Love, Blum, Meyer, Brentz) set the standards for this year as the women go for their 13th Conference Championship since 1987.
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University of St. Thomas		
Head Coach:	Tom Hodgson (25th year)	
'04 MIAC Meet:	6th place MIAC Championships	
Key Returners:	Krysy Harrod (IM, back, fly) Cathleen Daly (breaststroke, IM) Kim Smith (fly, IM) Kate Boran (fly, free) Heather McFarlane (free) Danelle Marsden (free, fly) Jenn Parks (diver) Danielle Lindeman (diver)	

Season Preview:	St. Thomas took sixth in the 2004 conference meet, but an infusion of newcomers has the team excited for 2004-2005. Coach Tom Hodgson is starting his 26th season and has seven freshmen and a crew of veterans led by senior Krysy Harrod (IM, back, fly) and sophomore Cathleen Daly (breaststroke, IM), the team's MVP and Most Improved honoree last season. Daly placed third in the 100 breaststroke and ninth in the 200 breaststroke. Harrod still placed in the MIAC despite missing much of the season while on study abroad.
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